Pediatric Dentistry

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Luxation injuries in primary teeth: a retrospective study in children assisted at an emergency service

Abstract: The purpose of this study was to analyze luxation injuries in children between the ages of 0 and 5 years treated at an emergency service department. A total of 1,703 records, corresponding to a period of 10 years at the Emergency Center of the Baby Clinic at Londrina State University, Brazil, were analyzed. The age, gender, etiologic factors, type of injury, injured teeth, treatment and time interval between injury and treatment were determined for each patient. Of the examined records, 409 patients met the study criteria and included a total of 679 injured teeth. Statistical analyses were carried out using the chi-square test with the level of significance set at 5%. Trauma incidence was higher in boys (57.0%) and in children less than two years of age (40.3%). Falling while walking or running was the most predominant etiologic factor (37.7%), and the most prevalent type of injury was subluxation (32.6%). Luxation injuries decreased with increasing age (p = 0.045). Treatment usually occurred within the first 1-15 days and was significantly associated with the type of trauma (p = 0.041). "Monitor only" was the treatment most frequently observed (74.0%). In conclusion, more luxation injuries were found in younger children, predominantly in boys. Falls resulting from walking or running were the etiologic factor most observed, with subluxation as the most common type of trauma. Treatment usually occurred within the first 15 days after the injury. Despite the severity of these injuries, "monitor only" was the eligible treatment.

Descriptors: Tooth injuries; Tooth, Deciduous; Tooth Avulsion; Child.

Introduction

Dental trauma is a serious public health problem among children, with most injuries constituting dental emergencies that require immediate assessment and management. Luxation injuries that affect the primary dentition are commonly reported and are associated with resilience of the alveolar bone and supporting structures in young children.¹

Primary dentition plays an important role in the functional and psychological aspects of child development, which may contribute to new studies focused on trauma in the primary dentition.² Additionally, researchers unanimously agree that dental trauma to primary teeth can lead to alterations in the succedaneous dentition, especially in cases of intrusive luxation and avulsion.³

The introduction of a dental practice for toddlers and babies in the

field of Pediatric Dentistry may contribute to a variety of new studies about trauma in the primary dentition.² Based on a preventive-educational philosophy, this field has created specialized centers for children between the ages of 0 and 3 years, with a special focus on dental trauma.⁴ Cunha *et al.*⁴ studied 1,654 pediatric patients at the Baby Clinic of the Araçatuba Dental School, UNESP, Brazil, and observed a 16.3% occurrence of dental trauma.

Similar to the preventative-educational program, the Baby Clinic at Londrina State University, Brazil, offers urgent care treatment for children ranging in age from 0–5 years. The purpose of this study was, therefore, to analyze primary tooth luxation injuries in children treated at the Emergency Center of the Baby Clinic at Londrina State University by investigating the age, gender, etiologic factors, type of injury, injured teeth, treatment and time interval between injury and treatment.

Material and methods

The records of 1,703 children, seen over the course of 10 years at the Emergency Center of the Baby Clinic at Londrina State University, Brazil, were analyzed. Criteria for inclusion in this study included:

- **a.** a description of trauma to the anterior primary teeth;
- **b.** age of the children in the moment of injury was up to five years;
- **c.** trauma associated with subluxation, intrusive luxation, lateral luxation, extrusive luxation and avulsion, according to Andreasen *et al.*¹

After analyzing 1,703 medical records, 409 (24%) patients met the inclusion criteria. Twenty of the children (4.8%) presented with more than a single occurrence of trauma to primary teeth; within this group, 17 patients reported two occurrences and three patients reported three episodes of dental trauma in their medical records. In total, 409 children suffered 432 occurrences of dental trauma. Medical records were analyzed to obtain dental trauma information and to determine the following factors: gender, age of the child at the time of trauma, type of injury, etiologic factors, injured teeth, treatment and the time interval between injury and treatment.

Children's age at the time of trauma

The children were divided into the following groups according to their age at the time of trauma:

- up to 2 years;
- 2-3 years;
- 3-4 years; and
- 4–5 years.

Etiologic factors

The causes of the injuries were grouped as follows:

- 'category 1' (falls) and
- 'category 2' (other factors).

'Category 1' were further delineated into the following sub-categories:

- falling while walking or running,
- falling from a high place (e.g., bed, gate, cot),
- falling onto an object (e.g., table, bathtub, stairs) and
- falling from a moving object (e.g., bike, pram).

'Category 2' factors included causes that were rare and more difficult to categorize, such as trauma caused by biting a toy.

Treatment

The following types of treatment provided to the traumatized teeth were evaluated: monitor only, prosthesis installation, extraction, splinting, repositioning, and repositioning and splinting. The treatments that were given as a result of the sequelae of dental trauma (i.e., endodontic treatment and delayed extraction) were not evaluated, resulting in the exclusion of 101 traumatized teeth.

Time elapsed before treatment

The time period between injury and treatment was divided into the following categories:

- 1 day,
- 2-15 days,
- 16-30 days and
- greater than 30 days.5

For the analysis of this variable and the type of trauma, the intervals were divided into 1–15 days

and more than 16 days. Sixty-seven traumatized teeth were excluded from this analysis due to a lack of information regarding the time interval.

Statistical analyses

The results were statistically analyzed using the chi-square (χ^2) test, with the level of significance set at 5%. Data analyses were performed using the Epi Info 6.0 statistical program.

Results

Among the 409 children included in the study, 235 (57.0%) were boys and 174 (43.0%) were girls, with a male:female ratio of approximately 1.3:1. Trauma prevalence was highest in the up to 2 years age group (40.3%), followed by the 2–3 year age group (29.8%), the 3–4 year age group (16.9%) and the 4–5 year age group (13.0%). The correlation between age and gender was significant (chi-square test = 14.12; p = 0.0069). Both genders showed a high prevalence for the up to 2 years age group (Table 1).

Table 1 - Prevalence of dental injuries according to age group and gender.

Age (in years)	Gender				Total		
	Male		Female			%	
	n	%	n	%	n	70	
Up to 2	73*	44.2	92*	55.8	165	100.0	
2–3	65	53.3	57	46.7	122	100.0	
3–4	21	30.4	48	69.6	69	100.0	
4–5	16	30.2	37	69.8	53	100.0	
Total	175	_	234	_	409	_	

^{*}Statistically significant (p < 0.05).

Table 3 - Distribution of the number of episodes of dental trauma according to the time period between injury and treatment (Delay).

Delay	Number	%	
1 day	188	43.5	
2–15 days	147	34.0	
16–30 days	11	2.5	
> 30 days	34	8.0	
Unknown	52	12.0	
Total	432	100.0	

The causes of injury for the 432 episodes of dental trauma are outlined in Table 2. Falling caused by walking or running was the etiologic factor most often observed (37.7%), followed by falling against objects (18.8%).

The time that elapsed until dental care was provided was highest in the period up to 1 day (43.5%), followed by 2–15 days (34.0%), as shown in Table 3.

The 432 trauma occurrences involved 679 injured primary teeth. Most of the affected teeth belonged to the maxillary arch (95.0%). The maxillary central incisors were most affected (563/679), followed by the maxillary lateral incisors (82/679) and mandibular incisors (28/679). The primary canines were affected in only six cases (Figure 1).

Subluxation was the most common type of injury with 221 cases (32.6%), followed by intrusive luxation with 202 cases (29.7%), as shown in Table 4. In general, the prevalence of luxation injuries decreased with increasing age (p = 0.045) (Figure 2).

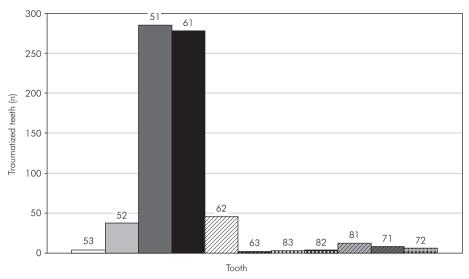
Table 2 - Distribution of the number of episodes of dental trauma according to the etiologic factors.

Etiologic Factors	Number	%	
Category 1: Falls			
Falling while walking or running	163	37.7	
Falling from high objects	71	16.4	
Falling against objects	81	18.8	
Falling from moving objects	41	9.5	
Category 2: Other Factors	18	4.2	
Unknown	58	13.4	
Total	432	100.0	

Table 4 - Prevalence of the different types of dental injuries in the total number of affected teeth.

Type of injury	Number of teeth	%
Subluxation	221	32.6
Intrusive luxation	202	29.7
Lateral luxation	95	14.0
Extrusive luxation	14	2.1
Avulsion	140	20.6
Lateral luxation + intrusive luxation	7	1.0
Total	679	100.0

Figure 1 - Distribution of dental trauma among anterior teeth.



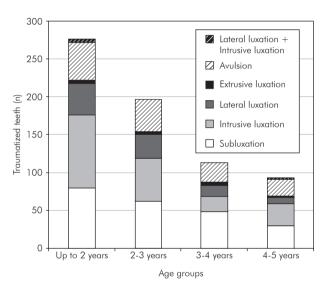


Figure 2 - Association between age groups and the type of dental trauma in primary anterior teeth.

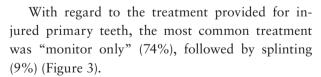


Table 5 shows the relationship between the time elapsed before treatment and the type of dental trauma. There was a significant preponderance of injuries in the 1–15 days interval (chi-square test = 17.17; p = 0.041).

Discussion

This study evaluated luxation injuries of primary

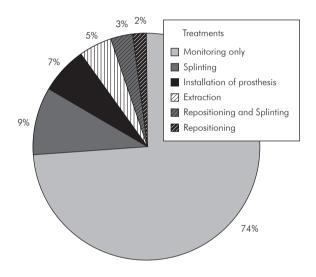


Figure 3 - Distribution of the different types of treatment used for injured primary teeth.

teeth and injury-associated factors in children who were treated at an emergency center. Most of the dental trauma data available in the literature has been collected retrospectively from cross-sectional studies or from longitudinal studies of patient records.⁶ In the current study, the assessment of standardized trauma records with information collected at the time of assistance enabled the authors to obtain more reliable data relative to previous retrospective studies in which injuries were only registered if signs and/or symptoms were evident at the time of examination.

Table 5 - Distribution of the number of affected teeth according to the type of trauma and two seeking-dental-care periods studied (Delay).

	Delay				T	
Type of Trauma	1–15 days*		≥ 16 days		Total	
	n	%	n	%	n	%
Subluxation	178	89.0	22	11.0	200	100
Intrusive luxation	162	88.5	21	11.5	183	100
Lateral luxation	84	93.3	6	6.7	90	100
Extrusive luxation	13	100.0	0	0.0	13	100
Avulsion	93	77.5	27	22.5	120	100
Lateral luxation + intrusive luxation	6	100.0	0	0.0	6	100
Total	536	_	76	_	612	_

^{*}Statistically significant (p < 0.05).

A slight difference was observed between genders affected by dental trauma. There is a consensus among international studies that boys experience significantly more dental injuries to permanent dentition than girls.^{7,8} In primary teeth, however, there does not appear to be a difference between genders.^{9,10} Children between the ages of 1 and 5 years are exposed to the same risk factors, and there is no difference between genders with regard to the games and sports played by this age group.¹¹

Previous studies confirm that younger children are more susceptible to dental trauma when they are learning to walk, combined with other behavioral factors, including their curiosity and lack of danger perception; these factors are known to contribute to facial trauma. 12,13 The findings of the current study, which show a higher percentage of younger children with a history of dental trauma, are in agreement with some studies of children in similar age groups,14-17 but are in disagreement with other studies that found increased susceptibility in children between the ages of 3 and 5 years. 10,18,19 However, careful attention should be paid when comparing studies in the field of dental trauma, as data may vary according to the location where the study is conducted and the type of methodology applied.^{6,11,20}

Falls were the most prevalent etiologic factor in traumatized teeth (82.4%). This finding is consistent with other studies. 15,21,22 When considered sepa-

rately, falling caused by walking or running was the most prevalent cause of dental trauma (37.7%), which disagrees with the findings of Garcia-Godoy *et al.*, who reported that falling against an object was the most frequent cause of dental injuries.

The reason for the selection of luxation injuries was related to the higher prevalence of these injuries in the study location and the fact that these injuries are the type of trauma most related to sequelae in the permanent teeth. 3,23,24 Studies have found luxation injuries to be the type of trauma most prevalent in the primary dentition. In this study, subluxation was the most common type of trauma, which is in agreement with previous reports. 16,21 Extrusive luxation was the least common type of injury, which is in agreement with studies by Cunha et al.4 and Yagot et al.,25 both of which reported a rate of 1% for extrusions. In contrast, in a study by Andreasen, 26 extrusive luxation was the type of trauma most often found in the primary dentition (34.0%). In general, the occurrence of luxation injuries decreased with increasing age in the current study, and an increase in the episodes of intrusive luxations was observed from the ages of 3–4 and 4–5 years.

The treatment of trauma to primary teeth is a topic that has only recently found a place in the specialized literature. In cases of luxation, dental extraction has been the treatment of choice. This action is justified, mainly due to the difficulty of handling dental treatment in young children and the damage caused to the germ of the permanent successor.²⁷

The therapeutic protocol for traumatized primary teeth at the Baby Clinic at Londrina State University is based on procedures developed since 1986. This program attempts to provide a more conservative approach to traumatized primary teeth. The findings of the current study reflect this concept, as "monitor only" was the most common treatment among the analyzed cases (74.0%). In agreement with the current findings, Cunha *et al.*²⁸ also observed a higher prevalence of "monitor only" (85.4%), even for luxation injuries, when evaluating dental trauma among babies and toddlers. In general, the time lapse between injury and treatment played a significant role in the type of treatment, because immediate care can provide a better progno-

sis for injured teeth. Even so, most luxation injuries heal spontaneously, and conservative treatment of acute dental trauma is recommended.²⁹

With regard to the time lapse between injury and treatment, most of the cases fell into the category of "1 day," which is in agreement with the results of previous studies. ^{5,14,21} The time spent by parents seeking assistance was strongly related to their educational background and the information available to them regarding dental care services. ⁸ In a study of traumatized permanent teeth, Zaitoun *et al.* ³⁰ found a mean time of 22.6 hours from the time of injury until initial presentation to a health care professional. Based on their findings, they emphasized a need for educational programs and clinical support when services are provided.

More severe trauma generally resulted in slicing of the soft tissue and bleeding, which increased the anxiety among parents or guardians^{21,26} and led them to seek treatment more quickly. In the current study, there was a statistically significant relationship between the type of trauma and the time period between injury occurrence and treatment, with a higher prevalence for the period "1–15 days" for all evaluated trauma. Pugliesi *et al.*⁵ analyzed hard-

tissue injuries and supporting-tissue lesions and also found a statistically significant relationship between the type of dental trauma and the time until treatment was sought: worse trauma promoted a quicker response to seeking treatment. The results of the current study showed that treatment usually occurred within the first 15 days after the injury.

Conclusions

The most frequent type of injury occurred on the maxillary central incisors of children in the "up to two years" age group. In general, the prevalence of luxation injuries decreased with increasing age. Boys suffered from dental trauma significantly more often than girls. Falling as a result of walking or running was the most common etiologic factor. Subluxation was the most common type of trauma. Treatment usually occurred within the first 15 days after the injury. Despite the severity of these injuries, "monitor only" was the most common treatment.

Acknowledgement

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